



Change, Loss & Moving Forward For people who care

MS Australia—ACT/NSW/VIC

The Program

*“ Now I understand what’s happening”
“It gave me a lot to think about and helped me to see where I’m headed.”
“It was a relief to know others feel like I do. I’m normal after all.”*

Changes wanted or unwanted are an inevitable part of caring. This session provides a safe environment to talk about these changes and their impacts on us and have a conversation about what we can do to move forward
A free program led by a Carers Victoria Community Educator

When and Where

Tuesday 16 November
2 .30pm—4.30pm

The Nerve Centre
54 Railway Road
Blackburn

Parking via Solwood Lane
Easy walk from Blackburn Rail-
way Station

Monday 6 December
2 .30pm—4.30pm

Footscray MS Centre
398 Barkly Street
Footscray

Street Parking
Easy walk from West Footscray
Railway Station

Full respite is available for your peace of mind, simply call to discuss

How to Register

Contact Andrea Salmon
Ph: (03) 9845 2765
Email: educationvic@msaustralia.org.au

*No Cost Interpreters available upon request
Programs will only run if we have sufficient registrations,
therefore registration is essential.*

Registrations close one week prior to the program

*MS Australia - ACT/NSW/VIC is committed to promoting equal access to all its events
and will not deny participation due to financial hardship. Please contact Andrea
Salmon to discuss.*

