



# Living with multiple sclerosis information and ideas from MS health professionals

Tuesday 26 October 2010

10.00 am – 2:30 pm

West Dubbo Bowling Club

82 Whylandra Street Dubbo

## Program

10:00am - 10.15am	Morning tea and registration
10.15am - 10.45am	Update on the management of MS Wendy Smith, Community Support Worker
10:45am - 11:30am	Management of fatigue Jayne Flanagan, Occupational Therapist
11.30am - 11.45am	Short break
11.:45am - 12:30pm	Depression and MS Elizabeth Stanton, Clinical Psychologist
12.30pm - 1:15pm	Lunch
1:15pm – 2.00pm	Exercising for fitness and wellbeing Jackie Harris, Physiotherapist
2.00pm – 2.30pm	Panel, Discussion, Questions and Close

## How to register

There is no charge for this workshop, but to assist with catering, please register by 14 October 2010

Freecall: MS Connect **1800 042 138**

[mconnect@msaustralia.org.au](mailto:mconnect@msaustralia.org.au)

For more information, telephone Wendy Smith 02 6361 3339